

## RVA CROSS EXPECTATIONS

To help make the RVA Cross Association a Safe and Fun League for all who participate, please take time to read the following expectations:

### 1. ZERO TOLERANCE

RVA Cross Association has a ZERO TOLERANCE in regard to the following:

- NO DISCRIMINATION in regard to race, gender, sex or religion this include players, spectators, coaches, and referees.
- NO Use of drugs or alcohol at practices or games by Spectators/Coaches/Players.
- NO Physical or verbal threats/abuse made towards anyone.
- NO Derogatory comments made towards anyone.

Any teams/coaches/players/spectators exhibiting such behavior will meet with their Club Recreation Director and RVA Cross Disciplinary Committee to be dealt with accordingly, which may include suspension.

### 2. GAME SCHEDULES

Please ensure all teams check game schedules every Wednesday for any updates and let your team know of any changes. Coaches can reach out to opposing teams (contact list on game schedule) to clarify jersey color and game for the upcoming weekend. **COACHES CANNOT CANCEL A GAME AT ANY TIME. After the Game schedule is made live to all, minimal changes will be made. If you cannot coach a game, have an assistant coach cover you.**

### 3. GUEST PLAYERS

If teams are short, coaches must reach out to their Club Recreation Director to ask if any other registered rec players from their club of age can help them out that weekend. Club Recreation Directors must reach out to the opposing Club Recreation Director and inform them that guest players are being used. Up to 5 guest registered players can be used. **GUEST PLAYERS CANNOT BE CURRENTLY ROSTERED AS TRAVEL PLAYERS and must be currently registered recreation players from your club.**

### 4. ROSTER CHECK (U16 teams)

All U16 teams must present a current roster to the referee when asked at fields for verification. This is to verify the age of players and ensure the integrity of teams.

### 5. CANCELLATIONS

If you cannot play your game due to an emergency, you will need to reach out to your Club Recreation Director. The Club Recreation Director is then responsible for reaching out to RVA Cross Scheduler to see if the game can be rescheduled. If the head coach cannot make the game, please find an assistant to cover the game as rescheduled games are hard with so many teams and conflicts involved. **NO COACH CAN CANCEL A GAME AT ANY TIME WITHOUT CLUB RECREATION DIRECTOR CONSENT.**

### 6. COMMUNICATION

The first point of communication about anything related to RVA Cross Association must be to their Club Recreation Director. Any concerns will be addressed to RVA Cross Committee from the Club Recreation Director to give a clear line of communication.

## 7. GOAL SAFETY

Please ensure goals always have 2-3 sandbags.